

Sport Motivation: Training Your Mind For Peak Performance By Ken Hodge

By Ken Hodge

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Ken Hodge is the author of Sport Motivation Sport Motivation: Training Your Mind For Peak Performance Training Your Mind for Peak Performance 0.0 of 5

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CADBURY DUNEDIN MARATHON SEMINAR Dr Ken Hodge - Professor, School Ken is also the author of a practical sportpsych book entitled Sport Motivation: Training

Rich is a Reader in Sport and Exercise Psychology in the Brain Training: Theories of Motivation Motivation is a key aspect of sport and can be used to